



## BODY & MIND WELLNESS CENTER

Healthy, Beautiful and Happy!

Phone: 941-444-0441 E-mail: [bmwellnesscenter@gmail.com](mailto:bmwellnesscenter@gmail.com)

1515 Second Street , Sarasota , FL 34236

[www.bmwellnesscenter.com](http://www.bmwellnesscenter.com)

### Intravenous (IV) Infusion Therapy

#### Checklist of what to bring:

Your completed Intravenous (IV) Therapy Intake Form ( **Required**)

A copy of your most recent bloodwork (including G6PD) is helpful (**Optional - See Note below**)

Your signed Consent Form (**Required**)

Make sure that you are well hydrated prior to your visit; we suggest drinking one to two 16oz. bottles of water. Dehydration can make it difficult to insert an IV.

Make sure you eat something prior to you visit; we suggest a high protein snack, such as nuts, seeds, a protein bar, cheese, yogurt, or eggs. Low blood sugar can make you feel weak, light-headed, or dizzy.

#### During your first visit for IV Therapy infusions:

During the first visit, the healthcare practitioner will discuss your symptoms and desired outcomes. Based on this assessment, your IV infusion will be customized to address your needs. If you have any complex medical conditions, the healthcare practitioner may request that you obtain blood work and/or your PCP's approval prior to administering any IV infusions.

#### What to expect:

The IVs used during your Intravenous (IV) infusion therapy are exactly the same that you would find in a hospital. Instead of a clinical experience though, our IV infusions are given in a peaceful spa setting and leave you feeling calm, relaxed, and refreshed.

Depending on your customized IV cocktail, the infusion can be finished in as little as 20-30 minutes. Our friendly and attentive staff will keep you calm, cared for, and comfortable during your infusion. Patients find the experience tranquil and healing. Patients leave feeling vibrant, energized, and refreshed.

**Note: A Copy of Recent Blood work is mandatory only for customers / patients with complex or serious medical conditions and/or where IV infusion could have adverse reactions.**

